

A black and white photograph of a person in a yoga pose. The person's right hand is raised in a mudra gesture, with the index and middle fingers touching. The person is wearing dark clothing. The background is blurred.

yoga

Breathing Space Studio
Thursdays from 7 to 8
October 25 - November 15

YogaKinections is a synergistic fusion of traditional yoga teachings and authentic movement that hits all the metrics of a traditional class while aligning the chakras and helping you develop body awareness.

YOGAKINECTIONS

Come “play, move, feel, love and laugh” your way to intuitive alignment and balance with Angela Maitreyi

BreathingSpaceStudio.com ~ 3455 Erieville Road, Erieville

Advanced registration is required. Registration will be limited to 10 people. Session fee is \$80. Please contact Angela directly at yogakinections@gmail.com